

🥕🥬 MBAR JULY 2026 CATERED Lunch Menu 🥥🥑

🥩 PROTEIN 🥬 VEGETABLES 🥥 FRUIT 🍲 GRAINS 🥛 MILK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7/6 Chicken w/Fajita/Whole Wheat Tortilla Vegetables,Black Beans Mandarin Oranges Milk AM SNACK: Banana, Cheeze IT PM SNACK: Animal crackers & Applesauce	7/7 Beef Ziti/ Italian Vegetable Blend Penne Pasta Apple Sauce Milk AM SNACK: Animal crackers,Yogurt PM SNACK: Goldfish & fruit bar	7/8 WGChicken Tenders/BBQ Sauce Whipped Sweet Potatoes Fresh Banana Milk AM SNACK: Yogurt, goldfish PM SNACK: Animal crackers & Applesauce	7/9 Hamburger Whole Grain Bun Broccoli Fresh Fruit Milk AM SNACK: Cheese,yogurt PM SNACK: goldfish, Applesauce	7/10 Cheese Pizza/Whole Grain Carrots Fresh Fruit Milk AM SNACK: Applesauce, goldfish PM SNACK: Crackers & fruit bar
7/13 Beef Cabbage Skillet/Steamed Rice Steamed carrots Apple Sauce Milk AM SNACK: Banana, yogurt PM SNACK: Belvita Bites & crackers	7/14 Popcorn Chicken/Roasted Potatoes Garden Vegetables Milk AM SNACK: Applesauce, crackers PM SNACK: cheez-its, Fruit bar	07/15 Smothered beef/chicken Meatballs Broccoli, Parsliced Rice Fresh Fruit Milk AM SNACK: Yogurt, crackers PM SNACK: Belvita Bites & Apple Sauce	7/16 Creamy Alfredo Chicken W/Penne Pasta California Vegetables Fresh Vegetables AM SNACK: Cheese,yogurt PM SNACK: cheez-its, applesauce	07/17 Cheese Pizza/Whole Grain Green Beans Fresh Fruit Milk AM SNACK: Apple Sauce, goldfish PM SNACK: Crackers & fruit bar
07/20 Chicken Supreme W/Penne Pasta Broccoli Peaches Milk AM SNACK: Banana & crackers PM SNACK: animal crackers,fruit bar	07/21 Sloppy Joe in a bun Roasted Red Potatoes Apple Sauce Milk AM SNACK: Animal Cracker & pretzels PM SNACK: Belvita Crackers,Fruit bar	07/22 Chicken Stir Fry/WG Breeding Japanese Vegetables Fresh Fruit Milk AM SNACK: Cheese sticks & fruit bar PM SNACK: animal crackers, Applesauce	07/23 Salisbury Steak Whole Wheat Bread Mashed Potatoo Corn Milk AM SNACK: fruit bar & cheez-its PM SNACK: Apple Sauce,Goldfish	07/24 Cheese Pizza/Whole Grain Carrots Fresh Fruit Milk AM SNACK: Apple Sauce Pretzels PM SNACK: Crackers & fruit bar
7/27 Smothered beef/chicken Meatballs Penne Pasta Carrots Milk AM SNACK: Yogurt,cheez-its PM SNACK: Belvita Bites & Apple Sauce	7/28 WGChicken Tenders/BBQ Sauce Green Beans Fresh Fruit Milk AM SNACK: Applesauce & crackers PM SNACK: cheez-its, Fruit bar	7/29 Smothered Chopped Steak/Corn Bread Garlic Whipped Potatoes Summer Vegetable Blend Milk AM SNACK: Yogurt & crackers PM SNACK: Belvita Bites, cheez-its	7/30 Penne Pasta w/chicken Tuscany Vegetable Blend Fresh Fruit Milk AM SNACK: Cheese stick & Crackers PM SNACK: cheez-its,Belvita Bites	SCHOOL CLOSE/TEACHER IN SERVICE RM 1/2
	RM 1&2 ONLY	RM 1&2 ONLY	RM 1&2 ONLY	

Please note that **whole milk** will be served to children ages **1–2 years**, and **1% milk** will be served to children ages **3–11 years**. Fruits and/or vegetables will be served every day with lunch. Families will be charged for the full weeks that their child is scheduled to attend during the summer. If you choose to enroll your child in the lunch or pizza program for the summer, we kindly ask that you commit to the program for the duration of the summer. If you would like to enroll your child in the school lunch program, please complete this form for each child. : [2026-2027 Lunch Menu](#)

🥄🍴 MBAR AUGUST-SEPTEMBER 2026 Catered Lunch Menu 🥄🍴

🥩 PROTEIN 🥬 VEGETABLES 🍎 FRUIT 🍲 GRAINS 🥛 MILK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8/3 Chicken w/Fajita/Whole Wheat Tortilla Vegetables,Black Beans Mandarin Oranges Milk AM SNACK: Banana, Cheeze IT PM SNACK: Animal crackers & Applesauce	8/4 Beef Ziti/ Italian Vegetable Blend Penne Pasta Apple Sauce Milk AM SNACK: Animal crackers,Yogurt PM SNACK: Goldfish & fruit bar	8/5 WGChicken Tenders/BBQ Sauce Whipped Sweet Potatoes Fresh Banana Milk AM SNACK: Yogurt, goldfish PM SNACK: Animal crackers & Applesauce	8/6 Hamburger Whole Grain Bun Broccoli Fresh Fruit Milk AM SNACK: Cheese,yogurt PM SNACK: goldfish, Applesauce	8/7 Pizza Day AM SNACK: Applesauce, goldfish PM SNACK: Crackers & Cheese Stick
8/10 Beef Cabbage Skillet/Steamed Rice Steamed carrots Apple Sauce Milk AM SNACK: Banana, cheez-its PM SNACK: Belvita Bites & Yogurt	8/11 Popcorn Chicken/Roasted Potatoes Garden Vegetables Milk AM SNACK: Applesauce, crackers PM SNACK: cheez-its, Fruit bar	8/12 Smothered beef/chicken Meatballs Broccoli, Parsliced Rice Fresh Fruit Milk AM SNACK: Yogurt, crackers PM SNACK: Belvita Bites & Apple Sauce	8/13 Creamy Alfredo Chicken W/Penne Pasta California Vegetables Fresh Vegetables AM SNACK: Cheese,fruit bar PM SNACK: cheez-its, applesause	8/14 Pizza Day AM SNACK: Apple Sauce, goldfish PM SNACK: Crackers & yogurt
8/17 Chicken Supreme W/Penne Pasta Broccoli Peaches Milk AM SNACK: Banana & Belvita PM SNACK: animal crackers,Apple Sauce	8/18 Sloppy Joe in a bun Roasted Red Potatoes Apple Sauce Milk AM SNACK: Animal Cracker & yogurt PM SNACK: .,Fruit bar, cheez-its	8/19 Chicken Stir Fry/WG Breeding Japanese Vegetables Fresh Fruit Milk AM SNACK: Cheese sticks & fruit bar PM SNACK: animal crackers, Applesauce	8/20 Salisbury Steak Whole Wheat Bread Mashed Potatoe Corn Milk AM SNACK: fruit bar & cheez-its PM SNACK: Apple Sauce,Goldfish	8/21 Pizza Day AM SNACK: Apple Sauce Pretzels PM SNACK: Crackers & fruit bar
8/24 Smothered beef/chicken Meatballs Penne Pasta Carrots Milk AM SNACK: Yogurt,gold fish PM SNACK: Belvita Bites & Apple Sauce	8/25 WGChicken Tenders/BBQ Sauce Green Beans Fresh Fruit Milk AM SNACK: Applesauce & gold fish PM SNACK: cheez-its, cheese stick	8/26 Smothered Chopped Steak/Corn Bread Garlic Whipped Potatoes Summer Vegetable Blend Milk AM SNACK: Yogurt & crackers PM SNACK: Belvita Bites, Apple Sauce	8/27 Penne Pasta w/chicken Tuscany Vegetable Blend Fresh Fruit Milk AM SNACK: Cheese stick & Crackers PM SNACK: cheez-its,Apple Sauce	8/28 Pizza Day AM SNACK: Apple Sauce Pretzels PM SNACK: Crackers & fruit bar

8/31 Chicken w/Fajita/Whole Wheat Tortilla Vegetables,Black Beans Mandarin Oranges Milk AM SNACK: Banana, Cheeze IT PM SNACK: Animal crackers & Applesauce				
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Please note that **whole milk** will be served to children ages **1–2 years**, and **1% milk** will be served to children ages **3–11 years**. Fruits and/or vegetables will be served every day with lunch. If you choose to enroll your child in the lunch or pizza program, we kindly ask that you commit to the program for the duration of the month. (parents only need to fill this out once. Late submissions will be included in the following month's lunch count)If you would like to enroll your child in the school lunch program, please complete this form for each child. : [2026-2027 Lunch Menu](#). **Please use the same link to un-enroll from the program.**